



**Safer  
Places**



# Visit the Isabella Women's Centre in Hertfordshire

**Open to all women in the Herts community**

**Monday - Friday | 09:00 - 16:30**

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We're here to offer support, advice and advocacy in a safe, welcoming and confidential space. If you're unsure about anything, get in touch.

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[www.saferplaces.co.uk](http://www.saferplaces.co.uk)

Tel. 03301 025 812



Charity no. 1018832

Company no. 2789572

# Support includes:

- Counselling & emotional wellbeing support
- Group programmes and empowerment workshops
- Coffee mornings
- Employability & development support
- Domestic abuse, sexual abuse & stalking support
- Support with housing & legal advice signposting

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If you would like to come along, or refer an individual please scan the QR code to visit our website and contact us.

