



crasac

Coventry Rape and Sexual Abuse Centre



Specialist support for all those who have been impacted by rape or sexual violence at any time in their lives.

Coventry Rape & Sexual Abuse Centre (CRASAC) provides specialist support for adults and children who have been impacted directly or indirectly by sexual violence or abuse at any time in their lives. This includes online abuse and exploitation.

We aim to address the trauma and injustice of sexual abuse and exploitation through specialist advocacy, counselling and psychotherapy, training and prevention services.

Get help or make a referral through our website

www.crasac.org.uk

or by calling

024 7627 7777

Heard Believed (Safe) Accepted

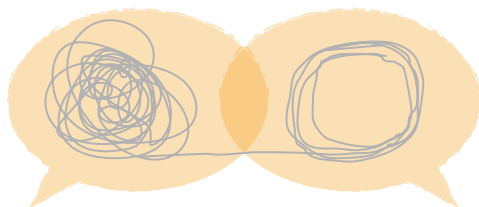


Our Services

Information and advice

Call us on **024 7627 7777** for advice and information on the specialist sexual violence support services available.

Self referrals and professional referrals can be made this way or online via our website.



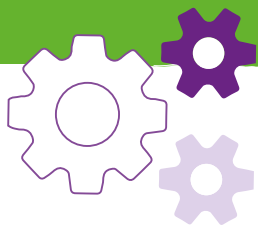
“It’s nice talking to someone who understands what I have been through without feeling guilty.”

Counselling

One to one specialist counselling and psychotherapy in a safe, confidential and non-judgmental space for adults, children and young people of any gender over five years old. Our counsellors are experts in trauma informed therapy and can also provide help for parents and supporters of victims and survivors.

“The recovery from my assault has been a long one, and although it’s been ten years since the abuse, it’s still something I think about daily.

Luckily, I was supported by CRASAC, an amazing charity who made me feel safe, welcomed and believed.”



“I felt listened to and supported in areas above and beyond my assault. It was a calming presence when I felt far from it. Nothing appeared to be too much trouble.”

Advocacy and Crisis Support

Our team of Independent Sexual Violence Advisors (ISVAs) provide non-judgmental emotional and practical support to help improve the experiences of victims and survivors of sexual violence within the criminal justice system. ISVAs are independent, professional specialists who work alongside victims and survivors in order to empower each individual they support.



Training

We can offer a range of training and consultancy support covering all aspects of sexual violence to anyone who provides services for adults and children.

As the only specialist provider in Coventry, our training is underpinned by our experience and research across many different sectors.

Young People's Prevention Work

To bring about real change and a reduction of sexual violence, children and young people need to be educated at an early age about healthy relationships.

Prevention workshops are available to primary and secondary schools, along with community groups that support young people.





What is sexual violence?

Sexual violence is any unwanted sexual act or activity (including online). It can happen to anyone and be perpetrated by a stranger, or by someone known and even trusted - like a friend, colleague, family member, partner or ex-partner.

100% of the responsibility for sexual violence lies with its perpetrator(s). There is no excuse - it can never be justified or explained away.

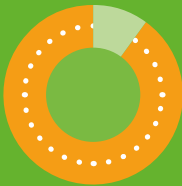
Types of sexual violence:

- Rape
- Assault by penetration
- Sexual Assault
- Child Sexual Abuse (including Child Sexual Exploitation)
- Female genital mutilation (FGM)
- Forced marriage
- Honour-based violence
- Trafficking
- Online abuse
- Sexual harassment

Statistics



One in four girls and one in six boys will experience childhood sexual abuse. One in five women over the age of 16 have experienced some form of sexual violence.



Approximately 90% of those who are raped or sexually assaulted know the perpetrator prior to the offence.

Only around 15% of those who experience sexual violence report to the police.



Contact

To access our services or make a referral contact us on

024 7627 7777

clientservices@crasac.org.uk

Monday to Thursday: 9am - 5pm

Friday: 9am - 3pm

24-hour answerphone service

www.crasac.org.uk

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Mission & Values

To improve the lives of people in Coventry who have been affected by rape and sexual abuse, enabling them to survive and thrive in life.

- > CRASAC is shaped by the needs and voices of survivors
- > We stand for justice and equality
- > We act on our belief that change is possible
- > We hold ourselves to the highest professional and ethical standards

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