

Young People's Services

We have an array of Services that support young people help gain confidence, to develop their own voice and create influence, to be publicly visible and contribute to the wider society

Youth Club

Confidence Building

Healthy Relationships

Mentoring

Education

Holiday Activities

Leadership

Contact: Zubeda@shantona.co.uk



Islamophobia

Islamophobia is prevalent in our society, but it doesn't have to be.

Every day people are experiencing Islamophobic hate crime and research shows that the majority of anti-muslim hate is directed at women.

It is everybody's responsibility to stand up and Say No to Islamophobia, not just Muslims and to show our society that these attitudes and behaviours are not acceptable.

We run a series of Islamophobia awareness raising workshops
information sessions
Work with third sector organisations/schools

Go to www.shantona.co.uk and make your pledge today "I say No to Islamophobia"

Contact: jaan@shantona.co.uk

I SAY

NO TO
ISLAMOPHOBIA



Inspiring women, raising aspirations, strengthening families & Communities

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Leeds

LS8 5AW

Tel: 01132497120

Email:

admin@shantona.co.uk

Website:

www.shantona.co.uk

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Domestic Violence Support Service

We have an array of services that allows us to raise awareness about DVA Encouraging a positive understanding of the aspects that

make up a healthy relationship
ISVA

- 121 Support
- Group Work
- Confidence Building
- Parenting Class
- Coffee Morning
- Awareness Raising Workshops

Support for children who have been affected by domestic violence and abuse

Contact: Khela@shantona.co.uk

Training and Development

This service is for DVA victim-survivors wanting to build their confidence and skills to enter into employment. We offer basic skills courses in;

- English
- IT classes
- Numeracy
- Employment and Training guidance

Contact: Samia@shantona.co.uk

Health and Well-Being

We have a range of Physical and Health interventions to support the overall well being in the community.

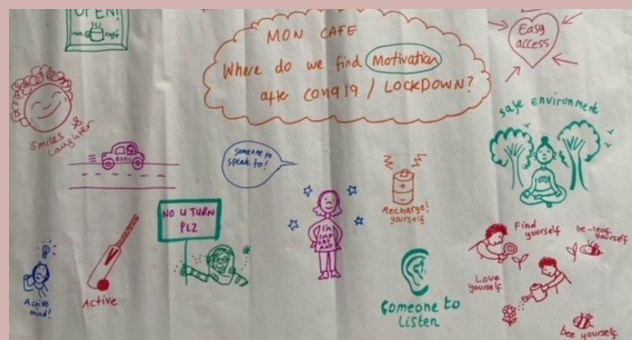
- Over 50's Luncheon Club
- Zumba
- Conversation Club
- Stitch and Pitch
- Arts and Crafts
- Walking Your Way To Health

Contact: charanjit@shantona.co.uk

Mental Health Support

- 121 Support and Group Work for people struggling with their Mental Health and Well Being
- Confidence Building
- Mon Café
- Yoga
- Awareness Raising Workshops

Contact: shafia@shantona.co.uk



Early Years

Shantona Nursery For children aged 2-4year olds

We have been graded Outstanding by Ofsted 2024, in all areas

With our excellent provisions and caring staff where children thrive

Free Nursery Provision 2-4 years
Multi Lingual Staff
SEN Trained
Playscheme
Community Based

Contact: Tam@shantona.co.uk or Sabuj@shantona.co.uk

