

Changing Futures at A Way Out offers non-judgmental support for women and men who are, or have been, sexually exploited or are engaging in street sex work in Middlesbrough and Redcar & Cleveland.

Through our values of Love, Hope and Freedom, using a harm reduction, trauma informed approach, we offer 1:1 support with the voice of the person at the heart of what we do, working towards improving social, emotional and physical wellbeing.

What do we offer?

We offer a range of support including:

- Face to face support
- Walk and talks
- Telephone support
- Practical support, including help with attending appointments
- Therapy sessions
- Weekly drop ins
- Evening Outreach
- Creative journaling

How can I refer a client to A Way Out's Changing Futures Project?

The person requiring support from the Changing Futures Programme must be over the age of 18, not currently residing with dependants under the age of 16 and, in addition to either sexual exploitation or sex work, must be experiencing two or more of the following issues:

- Experiencing Domestic Abuse
- Homelessness / acute housing issue
- Substance or alcohol misuse
- Mental health issues
- Repeated contact with the criminal justice system

You can send any referral forms or queries to horizon.referrals@awayout.co.uk or call us on 01642 655071 for more information.

