



Peterborough Women's Aid

Set yourself free



At Peterborough Women's Aid, we have a dedicated Lithuanian Domestic Abuse & Sexual Violence Community Engagement Worker who is able to offer advice and support to victims living in Peterborough.

We can support you by offering:

Emotional support:

- About past or current abuse and any fears you may have about future abuse.
- If you have separated from your abusive partner but feel confused, alone, lacking in confidence or scared.
- We can help you with safety planning if you are thinking of leaving your relationship
- We can support you & be your advocate when speaking to other professionals such as social services, the job centre, GP's and any other agencies that might be involved.

Court support:

- We can attend court matters relating to Domestic & Sexual abuse with you, we would be there as an advocate and to offer you extra support.
- We can support you with reading through documents.



Group Work:

- We offer the Own My Life group work programme to victims of Domestic Abuse.

We can assure you that you will receive **specialist advice and support**.

If you are **worried about someone you know or work with**, you can also contact us for advice.

We are also happy to speak to **concerned professionals, neighbours, friends and family members**.

 **07929927410 / 01733 894964**
 **referrals@wa-support.co.uk**

