## **HOW TO REFER**

- Please make all Probation referrals through the RMI within the CRS system
- Out of Court Resolutions PCC and CR referrals to be made through CJSM email via OOCD Co-ordinator

### **CONTACT THE TEAM**

#### **Chief Operating Officer**

Lisa Hughes-Mawby 07540634902 lisa.hughesmawby@ndnd.org.uk

#### **Business Manager**

Hayley Taylor 07745334793 hayley.taylor@ndnd.org.uk

#### **Service Manager**

Emily Sherman 07702710122 emily.sherman@ndnd.org.uk

## Senior Women's Services Practitioner JWP & OCR

Suzanne Kitching 07874869170 suzanne.kitching@ndnd.org.uk

## Senior Women's Services Practitioner IDVA

Trudy Cluley 07384895051 trudy.cluley@ndnd.org.uk

# Senior Women's Services Practitioner Reach Out

Marcia Blake 07522145044 marcia.blake@ndnd.org.uk

## **LOCATION**

### Leicester Head Office

3 Museum Square Leicester LE1 6UF

#### Contact

03333444304 admin@ndnd.org.uk



# Less than 10mins walk from Leicester train station 20mins walk from Leicester City Centre



- Co location workspaces available
- One to one, workshops and group programmes
- Access to other specialist inhouse services such as specialist IDVA and Our Place Project





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# new dawn new day

CHANGING LIVES



## **OUR EXPERTISE**

#### **COMPLEX NEEDS**

We have a long history of working with women who present with multiple complex needs such as accommodation, mental health, substance misuse, children and family, domestic violence and abuse.

#### **WORKING WITH TRAUMA**

We know from our work that many of these women have experience of trauma. Trauma refers to experiencing distressing or frightening events and may refer to a single episode, or be complex (long term exposure or exposure to multiple traumatic events). Many of the women we work with have experienced sexual assault, childhood sexual abuse or neglect, domestic violence, poverty and other disadvantages.

#### TRAUMA-INFORMED PRACTICE

We understand that the ongoing effects of trauma may present as behaviours that can be difficult to understand or navigate, and often result in issues relating to mental health and wellbeing. We support women to realise the impact that their traumatic experiences had on them. We provide techniques so they can better understand and control their thoughts and emotions

# WHAT WE OFFER CLIENTS



# WHAT WE OFFER PROFESSIONALS

- Opportunities for Probation
   Practitioners and other partnership agencies to be co-located in our
   Women's Centre, providing a more holistic approach for clients
- Joint support and planning with Probation Practitioners
- Assessment of client needs
- A Trauma-informed perspective and support with providing a tailored plan for each client

