A safe women only service providing:

- A dedicated key worker
- One-to-one support
- Group work
- Women only spaces
- On site creche

safety

We will meet you at a place that is safe for you.

We will listen to you and be there for you.

Trust

Choice

Together we can explore your options.

Together we can plan your support.

Collaboration

Empowerment

When women support each other incredible things happen.

THE NELSON TRUST

Your key worker will be in contact with you shortly however, you can call us today on 0117 2447249.

My key worker name is:

My first appointment is on:

Time:

Bristol Women's Centre, Ground Floor, Protheroes House, Denmark Street, Bristol, BS1 5EJ

Open Monday - Friday 9.30am - 5.00pm

Tel: 0117 2447249
Email: bristol.info@nelsontrust.com
Website: nelsontrust.com

Charity No: 1056672

THE NELSON TRUST
Women's Service in Bristol

making change possible

A women-only support service when you need a helping hand with life's challenges.

Believe change is possible

We can help you with:

Finances
Debit, benefits and finance advice.

Trauma and abuse
Domestic abuse support.

Families and relationships
Help with relationship issues, rebuilding bonds with loved ones, and being reunited with your children.

Housing
Accommodation support: helping women into safe and appropriate housing.

Attitudes, thinking and behaviour
Parenting support, self esteem and confidence building.

Education and training
Education, training and employment advice.

Sexual exploitation and sex working
Supporting women toward safety and exiting sex working.

Physical, emotional and mental health
Anxiety and anger management, one-to-one support, craft and art groups, lunch club.

Drugs and alcohol
Drug and alcohol awareness and relapse prevention groups

£10

I am supported a 100% by my keyworker.

I feel they look at me as a person, non judgemental.

I would be in trouble without this service.

The women's service is a life line!! Saves lives.

My keyworker's always there for me, doesn't give up on me.

Helped me find somewhere to live or I'd still be homeless.

Discussed what support I can get and how to move forward

I have bettered myself and my circumstances since having involvement.