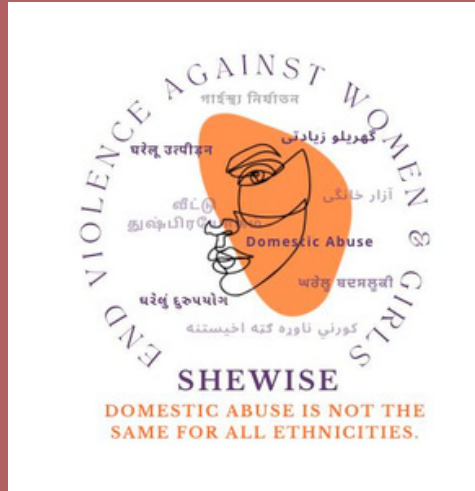


Mai Mukamal
"I am Enough!"

Exhibition 1



Visit us

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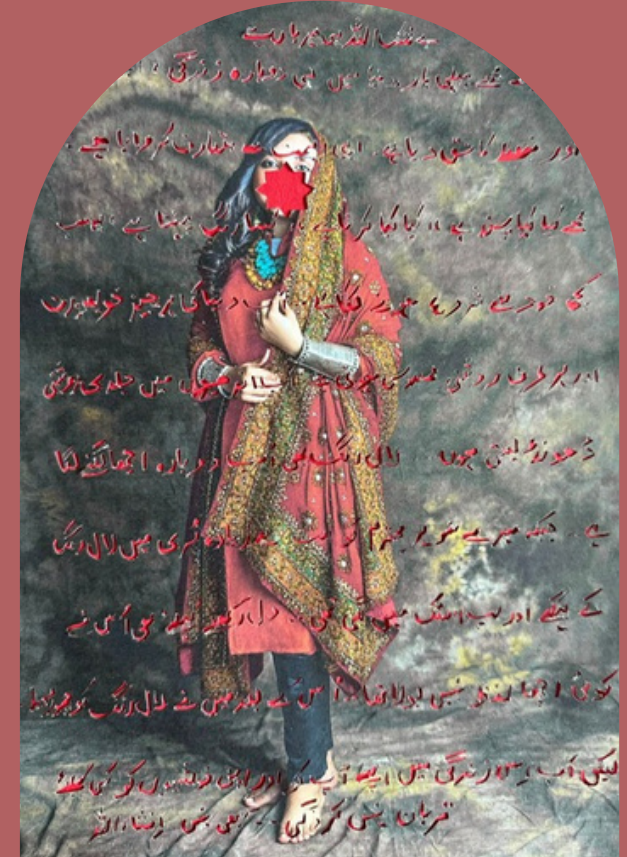


SHEWISE



@SHEWISE

SHEWISE
New Exhibition
October 2023



**DOMESTIC ABUSE IS NOT THE
SAME FOR ALL ETHNICITIES.**

#SHEWISE

End Violence Against Women & Girls.

**A Thousand
Cuts**

Let's talk a little about us

SHEWISE is an organisation dedicated to empowering minority ethnic vulnerable women and young girls who face multiple challenges such as domestic abuse, mental health issues, skills development, and involvement with the criminal justice system.

We offer comprehensive programs and services that follow a holistic and empowered living approach. Our interventions aim to foster gender equality, diversity, and inclusion by addressing cultural norms, social expectations, and stigmatised beliefs that hinder well-being and independence.



What is the Exhibition about

"A Thousand Cuts" is a series of portraits and stories that present a photographic study of patterns of domestic abuse in South Asian and Middle Eastern communities. Our aim through this series is to normalise the conversation and to recognise the existence and patterns of domestic abuse within South Asian and Middle Eastern cultures.

Our mission is to challenge and transform societal behaviours, attitudes and beliefs, paving the way for future generations to break the cycle of abuse. We accomplish this by actively engaging with communities and professionals where knowledge and understanding are lacking. To raise awareness and provide valuable training programs to communities, professionals and bystanders.

A Visual Treat in collaboration with Sujata Setia

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As seen on: [Guardian](#) | [Forbes](#) | [Huffington Post](#) | [The Daily Mail](#) | [ABC NEWS](#) | [INSIDER](#) | [Vanity Fair](#) | [MSN News](#) | [RTL TV](#) | [Metro](#)

Awards and Exhibitions:

["Winner - Female In Focus" BJP 2022](#)
["Photographer of the Year" TIFA 2021](#)
["Open Award Gold Winner" AOP 2021](#)
["Portrait Award Winner" TIP 2021](#)
["Portrait Award Winner" IPF 2021](#)
["Winner - Edition 365" BJP 2021](#)
["Winner - Fine Art Portrait" IPA 2021](#)
["2nd Place - People Portrait" BIFA 2021](#)
["Shortlist - Portraits of Britain" - BJP 2021](#)
["Shortlist - Humans of the World" - Life Framer 2021](#)

