

JOY WEEKLY PLAN

8th April - 20th May

For more information contact a member of the team:

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Women Only
Booking Essential



Stay Connected
Putting an end to loneliness

Mondays

Redditch

10am-1pm

Spring Collage

Worcester

1pm-2pm

Mindful Movement

Tuesdays

Worcester

10am-12pm

Cooking from
different cultures

12:30-2pm

Crafting with Cassie

Malvern

12pm-3pm

Croome Sculpture

Mindful Crafting

Wednesdays

Bromsgrove

10am-1pm

Mindful crafting

Kidderminster

10am - 1pm

Mindful Crafting

Online

10:30am-11:30am

Mindful Movement

Thursdays

Droitwich

10am-1pm

Crafting with
Cassie

Yoga with Kelly