

Helping women from all backgrounds and communities in and around Birmingham to get the support they deserve.

Contact our free helpline on
0800 019 8818

Access our live chat at
www.anawim.co.uk

From **a place to stay** when women are leaving prison, or a place to visit when things are tough, to **courses, activities, counselling, volunteering, help with parenting, care, specialised support**, clothes, food and other **essentials**.

Anawim

Birmingham's Centre for Women

Need to talk?

Anawim offers women a variety of **drop in services**. You don't need an appointment or referral, just come along to see us.

Monday -Friday, 9am - 4:30pm

Balsall Heath Centre
228 Mary Street, Balsall Heath,
Birmingham B12 9RJ
Tel: **0121 440 5296**

Your support allows us to do more

By becoming a regular giver, your support enables us to keep our doors open for Birmingham's women. With your help, we can provide a safe space for women whose voices need to be heard.

Providing 1-1 support with anything from domestic abuse, mental health, money advice, employability skills or help with families and children. Visit

www.anawim.co.uk/donate

to sign up. Thank you.

 anawim.bcw

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For more updates, visit our website and subscribe to our newsletter.

