

Helping women from all backgrounds and communities in and around Birmingham to get the support they need.

From a place to visit when things are tough, **to courses, activities, counselling, volunteering, help with parenting, care, specialised support, clothes, food and other essentials.**

Contact our free helpline via
0330 056 0065

Access referral information at
anawim.co.uk

Anawim

Birmingham's Centre for Women

Need to talk?

Anawim offers a variety of **drop in services**. You don't need an appointment, just come along.

Monday - Friday

Free Helpline: 0330 056 0065

Reception: 0121 440 5296

228 Mary Street, Balsall Heath,
Birmingham B12 9RJ

You allow us to do more

Community support - whether through events, one off donations, or a regular gift - enables us to keep our doors open for Birmingham's women. It means we can continue to provide a safe space where women's voices are heard. Please visit **anawim.co.uk/donate** to support us.

Thank you.

For more updates, visit anawim.co.uk and subscribe to our newsletter.



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[anawim.bcw](https://www.facebook.com/anawim.bcw)



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