**CHANGING LIVES RECEPTION**

**AND INFORMATION DESK**

**C**hanging Lives in Doncaster offers lots of support that

**CONTACT US**

**Telephone:**

01302 309800

**Address:**

2-5 Princes Street, Oracle House, Doncaster, DN1 3NJ

**Opening times:**

Monday to Thursday 9:00-15:30

can access by dropping into reception, or accessing via

telephone. Reception is open 9:30am-3:00pm Monday

to Thursday.

**Pop in and talk to our reception team for:**

* Signposting to local and national services that

might be able to help you

* Referrals into Changing Lives services and projects
* Information, advice and guidance on where to find

help

* Crisis advice to women about issues around fleeing

domestic violence and accessing housing

* Signposting to legal advice clinics
* Emergency food bank vouchers for clients registered with us

**We have excellent networking relationships with other agencies throughout the area. So we are a great place to start your search for information and support.**

**Facilities for children and parents**

We want everyone to feel welcome here and be able to use our services. Having a baby or young child should not stop you getting the help you and your family need.

That’s why we have a creche on site, for the children of people accessing our services, to make life a little easier for parents seeking our support, whilst using a trauma informed approach.

We also have a private area where breastfeeding mothers can feed their children in comfort.



**Changing Lives’ Projects**

*Are you ready for a change? If so, Changing Lives can help.*

We’re supported hundreds of women to overcome personal challenges to improve their lives and work towards a brighter future. Below are the projects we currently run. Please speak to a member of staff if you would like to find out more.

* **Amber project team-** For those with experience of sex work, survival sex and/or sexual exploitation in Doncaster.
* **Criminal justice-** Support for women in the criminal justice system to reduce their likelihood of reoffending and help them access training, education and employment.
* **Counselling service-** Counselling sessions for men and women in Doncaster experiencing mental health issues. We also offer bereaved by suicide counselling.
* **Healthy living project-** Health promotion for black and minority women in Doncaster through a variety of different classes. We also offer entry ESOL classes, levels 1 and 2.
* **Housing First-** Our Housing First project is an accommodation service for individuals with complex needs and a history of homelessness. We work in partnership with DMBC’s Complex Lives team, who provide wraparound support.

**WE ARE CHANGING LIVES**

Changing Lives is a registered charity that provides specialist support services to thousands of vulnerable people and families throughout England.

Founded in 1970 as The Tyneside Cyrenians, we became Changing Lives in 2013 to mark our expansion in service provision and geography.

Today we a national organisation, based in the Northeast, tackling social exclusion in all of its forms. We work with 6,000 people daily to help them make positive, lasting changes in their lives.

Changing Lives works with people living on life’s edge, supporting them through unimaginable financial, personal and circumstantial difficulties.

Their lives have gone down paths on-one would have chosen, and they show great courage and dignity to seek the help they need. They include:

-Men, women and children fleeing domestic abuse

-People with life-threatening additions

-Those who live on the streets

-Women and men trapped in sex work, or ‘survival sex’

Their situations are so far removed from mainstream society that people often struggle to comprehend the severity of their situations. As a result, they can become invisible.

We know that those we are hardest to see are most in need. We engage with theses people through assertive outreach; building relationships and trust, helping them to take positive steps toward healthy and fulfilling lives.

Our services are delivered in many different ways; through our own projects, by working in partnership with others, and through specialist outreach teams in our communities.

**Together, we are Changing Lives.**